



**COUNTY OF BERGEN**  
**DEPARTMENT OF HEALTH SERVICES**  
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**James J. Tedesco III**  
County Executive

**Hansel F. Asmar**  
Director/Health Officer

September 13, 2018

To Our Partners in Disease Prevention:

Although the summer season has ended, Bergen County Department of Health Services would like to remind you that mid-August and September are peak times for West Nile virus activity. We strongly encourage you to take the following actions to prevent illnesses caused by mosquito bites.

- Empty, clean, turn over and/or dispose of containers that can hold water, such as tires, buckets and flower pots, both inside and outside of your home.
- Clean drains and gutters
- Keep swimming pools/ponds adequately treated with recommended products to eliminate mosquito breeding sites.
- If you are bitten by a mosquito:
  - Wash the area where the bite occurred with soap and water.
  - Apply calamine lotion to help stop the itching.
  - If you get sick after being bitten by a mosquito, contact your physician.


As part of our routine operations to protect the public, Bergen County Department of Health Services will continue to conduct:

- surveillance for human disease
- mosquito sampling to determine where and what types of mosquitoes are prevalent
- mosquito spraying in response to notification of a person tested and diagnosed with West Nile Virus

If you have any questions, please do not hesitate to contact Bergen County Department of Health Services at 201-634-2600 or Mosquito Control at 601-634-2881.

Thank you.

Sincerely,



Hansel F. Asmar

**TICK &  
MOSQUITO  
PREVENTION**

**Bergen  
BITES  
BACK** 