



STROKE SURVIVORS SUPPORT GROUP

If you have experienced a stroke or are caring for someone who has suffered a stroke, you may be struggling to navigate your “new normal.” Join other stroke survivors and caregivers as we provide information about common issues that people encounter following a stroke. Meetings will be held every 4th Thursday of the month from July to December at **4:00 p.m.** in **Conference Room 1A**.

For more information or to register, please call [201-833-7053](tel:201-833-7053).

FACILITATORS: [Marissa Oller-Cramsie](#), DO, HOLY NAME Stroke Center

[Joseph P. Scarano](#), MSN, RN, Coordinator, HOLY NAME Stroke Center

[Julia Antinori](#), LSW, CCM

MONTHLY SESSIONS (JULY–DECEMBER)

July 26

Talking it Through

Adler Center & HNMC Speech Pathologist

August 23

Stroke Now What

Marissa Oller-Cramsie, DO

September 27

Life After Stroke: How Are You Coping?

Julia Antinori, LSW, CCM

October 25

Rehab, Don't Get Spooked

Cheryl Pachella, NP

November 22

Stroke Now What

Marissa Oller-Cramsie, DO

December 27

Winter Catch Up

