

FREE...NO COST

Health Consultation Program



**You're Invited to Join Us
On Any One
of the Dates Listed!**

Where: **Norwood Library
198 Summit Street**

Time: **1:30 - 3:30 pm**

When: **1st Monday of month**

DATES FOR 2019:

Jan 7	May 6	Oct 7
Feb 4	June 3	Nov 4
March 4	July 1	Dec 2
April 1	Aug 5	

** No program in September due to holiday

For more information call:

201-767-7204

SERVICES INCLUDE:

- ◆ Health History Evaluation
- ◆ Blood Pressure Measurement
- ◆ Height and Weight
- ◆ Individualized Counseling and Education
- ◆ Referral and Follow-up
- ◆ Confidential Consultation with a Public Health Nurse

This program is made possible by the contract your local Board of Health holds with the Bergen County Department of Health Services for programs and services like these that are designed to meet the needs of residents.