



CANCERcare®

Founded in 1944, CancerCare® is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Their comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts.

CancerCare's New Jersey office was opened in 1982 to ensure that New Jersey residents have full access to all CancerCare services. During the week of January 14th, CancerCare will be moving from their present location at 141 Dayton Street, Ridgewood, NJ to their new home at 1 Kalisa Way, Paramus, NJ. This larger space will afford the organization to offer more support groups and other programs.

CancerCare's Northern New Jersey Office would like to promote the availability of the following 2019 multi-session support groups/programs that will be held at their new location for those affected by cancer:

- **"Resilience" Post Cancer Treatment Support Group**—Beginning Monday, February 25th from 6:00 to 7:30 pm.—an eight week Survivorship Group for those looking to find positive ways to cope with their experience and emotions around post cancer treatment. The group will be open to those who are no longer in treatment and who have been out of treatment for up to 18 months. In addition to the February 25th starting date, the remaining sessions will be held on March 4th, March 11th, March 18th, March 25th, April 1st, April 8th, and April 15th.
- **Caregivers and Loved Ones Face-to-Face Support Group**—Beginning Wednesday, March 6th from 6:00 to 7:30 pm, the 8-week group will be held on the first and third Wednesdays of the month for those looking for support, strength, and positive ways to cope through their loved one's cancer diagnosis and treatment. The support group will be open to those who are caring for a loved one with cancer. In addition to the March 6th

starting date, the remaining sessions will be held on March 20th, April 3rd, April 17th, May 1st, May 15th, June 5th and June 19th.

- **Color of Grief Face-to-Face Support Program**—Beginning Thursday, March 7th from 4:00 to 5:30 pm, the 6-week grief support program will be held on Thursdays for children looking to explore and process their grief through art. The program will be open to children 11 to 17 who have lost a loved one in the past two years. In addition to the March 7th starting date, the remaining sessions will be held on March 14th, March 21st, March 28th, April 4th, and April 11th.

Pre-registration is required for these FREE programs. For more information or to register, contact Christine Calafiore, LSW, at 201-301-6804 or ccalafiore@cancercare.org.

Attached are promotional flyers to network to your personal and professional contacts who may know of individuals no longer in cancer treatment, caregivers of a loved one with cancer, or children who are dealing with their grief over the loss of a loved one to cancer, who would greatly benefit from these support services.

To learn more about additional CancerCare programs and services, visit www.cancercare.org.

Please promote this wonderful organization to those touched by cancer.

Special thanks to Kathy Nugent, LCSW, CancerCare's Director of Regional Programs, for notification of these special support services and congratulations on their upcoming move to their new location in Paramus, NJ.

Be well.

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