

**Do you love someone who is struggling with the misuse of alcohol or drugs?**

# Family Support Group for Women

## **CRAFT**

Our support group philosophies and course materials are based on the Community Reinforcement and Family Training (CRAFT) Model.

## **TOPICS INCLUDE:**

- Motivation: Setting positive goals
- Discussion of Family Dynamics: Identifying triggers and motivators
- Communication Training: Developing positive communication techniques
- Helping your loved one enter treatment services and engage in recovery
- Discussion of effective methods and available resources

*Group books and materials provided.*

**This program is offered at no cost to the community with funding from Women United in Philanthropy.**

**For more information contact:**

**201-740-7069**

**info@cafsnj.org**

Support group meetings will be held at:

Children's Aid and Family Services  
22-08 Route 208 South  
Fair Lawn, NJ 07410

Wednesdays- May 9th through August 1st  
6:00pm to 8:00pm

To register call 201-740-7069

**[www.tcadr.org](http://www.tcadr.org)**