

**FREE...NO COST**

# Health Consultation Program



**You're Invited to Join Us  
On Any One  
of the Dates Listed!**

**Where:**

**Norwood Community Ctr.  
435 Broadway**

**Time: 12:00 noon to 1:00 pm**

**When: 1st Monday of month**

**DATES FOR 2019:**

Jan 7	May 6	Oct 7
Feb 4	June 3	Nov 4
March 4	July 1	Dec 2
April 1	Aug 5	

**For more information call:**

**201-767-7204**

**SERVICES INCLUDE:**

- ◆ **Health History Evaluation**
- ◆ **Blood Pressure Measurement**
- ◆ **Height and Weight**
- ◆ **Individualized Counseling and Education**
- ◆ **Referral and Follow-up**
- ◆ **Confidential Consultation with a Public Health Nurse**

This program is made possible by the contract your local Board of Health holds with the Bergen County Department of Health Services for programs and services like these that are designed to meet the needs of residents.